

URACARI MU MATATI **hama** y'uko ikibondo c'iwawe cavutse!

# Hama yo kuvyara Preeclampsia

## N'iki ivyo?

Preeclampsia yo hama kuvyara (Postpartum preeclampsia) ni ingwara ikomeye ijanye n'ingene amaraso agenda yihuta cane. Vyoba ku mukenyezi we wese wavyaye **gushika ku ndwi 6 hama y'uko ikibondo kivutse.**

## Amatati akuriko

- Kugagara
- Guharibika ingingo
- Guturika k'umutsi wo mu mutwe
- Gufa

## Ibimenyetso bikuburira



Kurumwa na sitoma



Kurumwa n'umutwe cane



Kumva iseseme canke gushaka kugarura indya



Kuraba utudomo (canke izindi mpinduro mu kuraba)



Kuyyimba ibiganza n'isura



Kubura umwuka

## Wokora iki?

- Abaza nimba ushobora kuraba muganga w'iwawe hama y'indwi imwe yo kuvyara.
- Ubaha gahunda zose zo kuraba muganga.
- Izigire ivyo wiyumvira.

- Cungera ibimenyetso bikuburira. Nutahur kimwe, hamagara muganga w'iwawe. Nimba utaronse muganga w'iwawe, hamagara 911 canke wijane mu cyumba c'abaremvywe hama uyage ko wari utwite.



Ku bindi bisiguro, ja kuri [www.stillatrisk.org](http://www.stillatrisk.org)

