Surgical Mask

Materials:

- 1 – 15x7 inch rectangle of tightly woven 100% cotton fabric (we suggest Batiks or high quality quilting fabric)
- Pattern included at the end of this PDF.
- 2 – 36 inch pieces of extra wide double fold bias tape
- Thread
- 6 sewing pins
- Sewing Machine

Step 1 – Making the mask body

Cut a 15x7 inch rectangle of fabric.

Fold short ends of fabric together, right sides together.
Stitch unfolded edges using a ¼ inch seam allowance – this will be your bottom edge of the mask.

Turn right sides out (optional press).

Top stitch with small to medium zigzag stitch along top and bottom edges of the mask.
Step 3 – Time for pleats!

Using the suggested pleat lines on the pattern, fold lines ‘A’ together, lay fold flat toward top of mask, pin in place. Repeat for ‘B’ lines and ‘C’ lines laying all folds in the same direction.

Baste stitch the pleats in place, removing pins as you go. The pleated size of this edge should now be 3-ish inches long.
**Step 4 – Adding the ties**

Fold one piece of the extra wide double fold bias tape in half to find center and mark with a pin.

Fold one raw edge of the mask in half to find center and mark with a pin.

Unfold the bias tape (leaving the double fold in place) and line up center with the center of the raw edge of the mask.
Fold the bias tape over the raw edge of the mask and pin in place.

Starting at the end of the tie, use a small to medium zigzag stitch and stitch as close to the open edge of the bias tape as possible to close the tie. As you approach the mask, remove the pin and stitch the bias tape/mask sandwich together and continue stitching to the end of the tie.

Repeat on other raw edge of the mask.
You’re done! Your finished mask should look similar to this and be approximately 7 inches wide and 3 ½ inches tall:

Thank you for your time and contribution to helping our community in this trying time!
↑ Place on fold ↑
(or cut a 15 x 7 inch rectangle)

A
Suggested pleat lines. Fold lines ‘A’ together, lay fold flat toward top of mask, pin in place. Repeat for ‘B’ lines and ‘C’ lines laying all folds in the same direction.

B

B

C

C

1/4 inch seam allowance along bottom seam